Chopsticks

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Chopsticks are widely used in East Asia. They are the usual way to eat local food. There are various ways to eat with chopsticks. Koreans use chopsticks together with a spoon. In China people use chopsticks and a soup ladle together. Japanese people use only chopsticks when eating.
At the moment, most chopsticks are made from wood or bamboo. They are disposed of after use. It is often argued that this creates an environmental problem.

Wood and bamboo chopsticks must be treated before they can be used. Bleach, sulfur dioxide, fungicides and preservatives often remain in the disposable chopsticks. These are very unhealthy chemicals for people to be consuming. The Japanese government is watching this situation carefully.

Taiwan, China banned disposable tableware (including chopsticks) in government and school restaurants and cafeterias in 2006. The legislation may be extended to include private enterprises and restaurants in the future.
Stainless steel chopsticks are:

- Hygienic
- Easy to clean
- Durable
- Reusable
- Recyclable