



Yieh United Steel Corporation (YUSCO)

Investing in occupational health programmes

Category: People
Sub-category: Workplace improvement

Challenge

Most of us spend nearly one-third of our day or more at work. Government policy encourages YUSCO to introduce health promotion activities which contribute to the physical and mental health of workers, and which improve workplace efficiency, reduce the rate of illness leave, and promote an excellent corporate image.

Action

The Ministry of Health and Welfare has promoted a 'Smoke-free Workplace' since 2003.

In 2007, the programme was expanded to include 'Healthy Workplace' and divided into three parts:

1. Tobacco Hazard Prevention
2. Healthy Start
3. Health Promotion.

In order to apply for the 'Health Promotion' recognition we had to comply with the Tobacco Hazards Prevention Act. We also had to be free from serious occupational accidents for three years.

YUSCO conducts health promotion activities according to World Health Organization (WHO) regulations for workplaces. Since 2005 we have regularly conducted tobacco hazard prevention and smoking cessation programmes. We conduct annual weight control classes, health promotion courses, and courses on how to control unhealthy behaviours. We also offer Chinese massage classes, workplace stress management classes, and other health promotion activities.

Outcome

For our approach to employee health, the Department of Health recognised YUSCO with two awards: Excellent Smoke-free Workplace and Smoke-free Workplace - Best Promoter.

We also applied to the Ministry of Health and Welfare for the 'Healthy Workplace' certification. We were recognised at the highest level and received the 'Health Promotion' acknowledgement in 2012.

Programme	Number of classes	Participants	Results
Weight loss	2	150	Participants lost a total of 151 kg in three months.
Quit smoking	1	19	Thirteen participants quit. After six months, eight are still not smoking.